

CAMBIA PCCE NEWSLETTER

A Message from the Director

The Cambia Palliative Care Center of Excellence (Cambia PCCE) began this holiday season by sponsoring a full day stakeholder summit on palliative care quality metrics at the Cambia Grove in Downtown Seattle on November 7th. The event was co-sponsored by the Hutchinson Institute for Cancer Outcomes Research and the Cambia Health Foundation and focused on using quality metrics to improve primary and specialty palliative care at health systems. We welcomed over 140 key stakeholders including clinicians, health systems administrators, health plans, health-care purchasers, IT specialists, patient and family advocates, and others who were interested in palliative care quality initiatives to engage in discussion with us about the following topics: 1) What interventions are currently being developed or implemented to improve advance care planning and palliative care in our region, and how can these be expanded or strengthened? 2) How can healthcare purchasers, healthcare plans, clinicians, and patients work together to use palliative care metrics to improve the availability and quality of primary and specialty palliative care in our region? And 3) What palliative care interventions are available for cancer care providers and their patients, and what are the next steps for adjusting, shaping, implementing and evaluating these interventions?

The goal of this meeting was to get broad input to identify metrics and programs that can be used to assess the quality of primary and specialty palliative care. The meeting was a spectacular success and met with great enthusiasm and engagement. This newsletter includes photos below of attendees at this event. The slides presented at this event are available on our website. [CLICK HERE](#) to access the slides. We look forward to providing more details soon and planning follow-up events in the future.

The Cambia PCCE would also like to extend a warm welcome to three new additions to the UW Palliative Care Research Fellowship. Dr. Nancy Lau, a clinical psychologist from Harvard University, Dr. Robert Lee, a fellow in the UW Division of Pulmonary & Critical Care Medicine, and Dr. Cara McDermott, a health economist from the UW School of Pharmacy. They join our current fellows in a diverse and growing program in palliative care research. Please see below for more details about their research. We are very excited to have them as part of our team!

As always, thank you for your support and interest in the Cambia Palliative Care Center of Excellence. We welcome your feedback and look forward to your participation in the ongoing implementation of our Center and in providing excellent care to all patients with serious illness and their families.

J. Randall Curtis, MD, MPH
Director, Cambia Palliative Care Center of Excellence at UW
A. Bruce Montgomery – American Lung Association



November 2016

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Newsletter Spotlight

Homeless Palliative Care Program featured on KING5

Dr. Dan Lam, Medical Director of Palliative Care Services at Harborview Medical Center was featured in a story on KING5 TV describing the Homeless Palliative Care Outreach Program at Harborview's Clinic at Pioneer Square.

The news story was entitled, "Harborview takes new approach to healthcare for homeless."

[CLICK HERE](#) for a link to the KING5 website and to view the broadcast.



Dr. Dan Lam

Dr. Lee Burnside and Mary Jane Knecht were featured in the Alzheimer's Association Washington State Chapter website blog with an article entitled, "Dementia, Palliative Care and your Local Museum." The article describes a program at the Frye Art Museum for people with dementia

"As our population ages and mortality improves in cancers and chronic disease states, dementia is becoming a larger component of hospice and palliative care caseloads. Planning for the impact of Alzheimer's and related dementias in Washington State is a daunting endeavor. To combat the incredible impact of Alzheimer's and dementia, The Alzheimer's Disease Working Group came up with seven major goals in a state plan for Washington, along with associated strategies and recommendations to support those living with the disease now and plan for the future. Fortunately, there has been a great deal of growth in community programs and events geared especially for persons with dementia and their care partners. We can see the direct impact of these programs in our communities. The Frye Art Museum in Seattle, WA established its here:now arts engagement program for persons living with dementia and their care partners in 2010. Led by specially trained museum educators and teaching artists, here:now programs celebrate present-moment awareness and new possibilities of creative expression. Two free programs are offered for small groups of adults living with dementia and their care partners."



[CLICK HERE](#) to read the full article.

Randy Curtis Speaks at Supportive Care Coalition Board Meeting

Dr. Randy Curtis, Director of the Cambia PCCE spoke to the Board of Directors of the Supportive Care Coalition in Portland, Oregon on September 20th about the progress and successes of the Cambia Palliative Care Center of Excellence. The Board leads a coalition of Catholic health ministries informed by faith, values and advancing excellence in palliative care.



The Supportive Care Coalition leverages its expertise and resources to be an influential leader for needed improvements in palliative care education, research, clinical practice and financing mechanisms. These advocacy efforts help ensure that the interests and concerns of those we serve are heard and advanced within the political process. We promote public policy that will improve and expand access to high-quality palliative care services which anticipate and address the physical, emotional and spiritual suffering of persons living with advanced serious illness.

Cambia Health Foundation 2017 Sojourns Scholar Leadership Program

The Cambia Health Foundation recently launched the 2017 Sojourns Scholar Leadership Program application. The Sojourns Scholar program seeks to support outstanding emerging physician and nurse leaders by investing in their leadership development. Sojourns Scholars receive \$180,000 in funding to conduct an innovative impactful clinical, policy, education or research project in the field of palliative care and to develop a leadership development plan designed to support growth as a leader in the field. Applications are due by January 12, 2017 at 4 PM Pacific Standard Time . [CLICK HERE](#) for more information including instructions on how to apply.



end OF *life* COALITION

Anthony Back MD, professor at the University of Washington and co-director of the UW Center for Excellence in Palliative Care, is the featured presenter at this year's Washington End-of-Life Coalition Annual Meeting, Friday, Nov. 18 at the Seattle Airport Hilton. Dr. Back will join coalition leaders and community representatives from across the state to present a full-day program exploring innovative approaches to palliative medicine and end-of-life care being developed in Washington state.

Friday, Nov.18 9am-3:30pm
Seattle Airport Marriott
3201 S. 176th St
Seattle, WA 98188



[CLICK HERE](#) for more information including how to register.

In Memoriam: David Park

Dr. David Raymond Park, professor in the Division of Pulmonary and Critical Care Medicine, passed away on September 29. He was 55. Dr. Park received his medical degree at the University of Vermont before coming to



the University of Washington in 1988. He spent his training and career here, rising through the ranks to professor in 2013. Since 2008, he served as the associate program director for the Pulmonary and Critical Care Fellowship Program, and as the director for the mini-sabbatical program for pulmonary fellows since 1999. He was a clinical leader in the area of tuberculosis diagnosis and treatment, pulmonary medicine and critical care. He directed respiratory therapy, the pulmonary function lab and bronchoscopy service at Harborview. In 2014, he co-founded the Firland Northwest Tuberculosis Center.

In 2012 Dr. Park received the American Thoracic Society's Outstanding Educator Award and he was nominated for the University of Washington Distinguished Teaching Award in 2009. In honor of his many outstanding achievements and his commitment to patient service, he received the Leonard D. Hudson Lifetime Achievement Award in 2011. "Dave was the consummate clinician and educator. Throughout his career, he was always extremely supportive of the importance of primary and specialty palliative care, as well as the importance of work-life balance," said Randy Curtis, Director of the Cambia Palliative Care Center of Excellence and co-intern with Dr. Park in 1988. "He was a devoted father, husband, and friend and will be missed

Palliative Care Research Fellowship Welcomes Drs. Lau, Lee and McDermott

The Cambia PCCE added three new research fellows to our program in September. We are thrilled to welcome Dr. Nancy Lau, Dr. Bob Lee and Dr. Cara McDermott to the research fellowship and to the Center.



Robert Y. Lee, MD comes to us from the fellowship program of the UW Division of Pulmonary and Critical Care Medicine and will be working under the mentorship of Dr. Erin Kross. Dr. Lee's research will include an initial project examining the associations between sedation-related practices in the intensive care unit and the development of long-term psychological symptoms in survivors of acute respiratory distress syndrome (ARDS). "My experiences in caring for the chronically and critically ill have brought to light many unanswered research questions surrounding the prevention and relief of suffering associated with intensive care and the advancement of long-term quality of

suffering associated with intensive care and the advancement of long term quality of life in survivors of critical illness. I hope to dedicate my career to answering those questions.”

Nancy Lau, MS, PhD joins us from Harvard University where she completed her Doctorate in Clinical Psychology. Dr. Lau will be mentored by Dr. Abby Rosenberg at Seattle Children’s and plans to work with Dr. Rosenberg and Dr. Elizabeth McCauley on the Promoting Resilience in Stress Management (PRISM) study testing a psychosocial intervention for adolescents and young adults (AYAs) with cancer. “I have seen firsthand the ways in which youths in palliative care struggle with a myriad of comorbid psychopathology due to and further complicated by their medical illnesses, and how current quality of care falls short of their needs. Although advances in pediatric cancer care provide state of the art biomedical treatment, psychosocial health outcomes have remained largely ignored. I aim to address this important gap in the field by conducting research on the development and dissemination of psychosocial treatments for young cancer survivors.”



Cara McDermott, PharmD, MSc, PhD has been part of the Pharmaceutical Outcomes and Policy Program (PORPP) at the University of Washington. Her PhD training focuses on health economics and health services research. Dr. McDermott will be working with Scott Ramsey, MD, PhD, Director of the Hutchinson Institute for Cancer Outcomes Research (HICOR). “My future research plans are to explore predictors and patterns of care for multi-morbidity patients with chronic diseases such as cancer, cardiovascular disease, lung disease, dementia and depression, with particular attention paid to palliative and end-of-life care.”



UWMC Welcomes Cindy Beaverton

Cindy Beavon, ARNP, joined the University of Washington Medical Center’s Inpatient Palliative Care Service in September 2016. She is a UW teaching associate in the Department of Family Medicine. At UWMC, she provides palliative care to hospitalized individuals and the people that support them as they navigate complex and serious illness. Cindy received a BA in International Relations from Brown University in 2007. She became an RN in 2012, and focused her practice in medical/surgical nursing. She received a MS from the University of California, San Francisco in 2016, and is board certified as an Adult Gerontology Acute Care Nurse Practitioner.

Notable Members’ Accomplishments

Dr. Ardith Doorenbos is the Principal Investigator on a newly awarded grant entitled, “Optimization of pre- and post-operative pain management” from the NIDA.

Dr. Tatiana Sadak received NINR/PCRC Pilot grant award titled: “Experiences and Outcomes of Dementia Caregivers: Developing Dementia Palliative Care Approach.” She was also awarded an NIH R21 grant entitled, “Developing Intervention for Promoting Resilience During Medical Crises of Persons Living with Dementia” and a UW Royalty Research Fund Research Award entitled, “Understanding Family Caregiver’s Role in Preventing Hospitalizations in Dementia.”

Dr. George Demiris was featured in an article entitled, “How dementia makes it harder to offer end-of-life comfort” in The Washington Post. [CLICK HERE](#) to read the full article.

Stanford Seeks Palliative Care Faculty

Stanford Medicine seeks candidates for a position as Assistant Professor or Associate Professor in the Medi-

cal Center Line of the University Tenure Line, in the Division of Preventive Care and Population Health, Department of Medicine, at Stanford University School of Medicine. Applicants are required to have either an MD, PhD or its equivalent. There is particular interested in candidates who are either a physician or doctoral level researcher. Clinicians should have a board certification in palliative medicine or geriatrics and successful applicants will have a growing track record of publication and funding commensurate with experience.

The research activities of the Sections of Palliative Care and Geriatrics are diverse and encompass pain and symptoms measurement, goals of care communication, innovative models for delivering palliative and end of life care and other services for aging adults, global health, appropriate use of medications, health informatics and other applications of technology and bioinformatics, quality of care including measurement and quality improvement, implementation science, health economics, ethnogeriatrics, supportive oncology, and biomedical ethics.

Interested candidates should submit a copy of their curriculum vitae, a brief letter outlining their interests and the names of three references here:

<http://facultyapplication.stanford.edu/>



Cambia PCCE and HICOR host November Metrics Summit

The Cambia PCCE stakeholder summit on palliative care quality metrics at the Cambia Grove in Downtown Seattle on November 7th.

Co-sponsored by the Hutchinson Institute for Cancer Outcomes Research and the Cambia Health Foundation.





UW Medicine
 CAMBIA PALLIATIVE CARE
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Cambria PCCE Members Bibliography

*Articles listed are 2016 publications in peer-reviewed journals and book chapters. If you have an article you would like to have featured, please email pallcntr@uw.edu.

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